FOX LAB & LAB FOR SCALABLE MENTAL HEALTH

MENTAL HEALTH RESOURCES: EATING DISORDERS

NATIONAL EATING DISORDERS ASSOCIATION

Includes stories of recovery from eating disorders, information about seeking treatment and additional resources for school professionals and caregivers,

> National Suicide Prevention Lifelife 1-800-273-8255 or text HOME to 741741

EATING DISORDERS ANONYMOUS

Similar to the 12-step approach used by Alcoholics Anonymous, this resource lists nationwide meetings that can help those struggling with eating disorders.

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS

This resource includes information about eating disorders, how to find treatment and support groups for those suffering and their families.

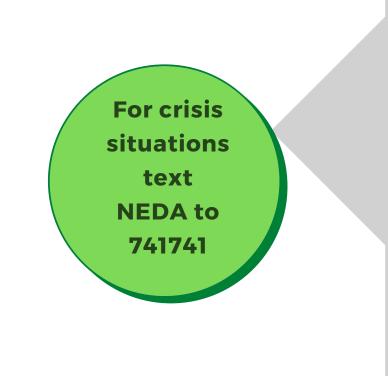
NATIONAL INSTITUTE OF MENTAL HEALTH

Includes links to more information about eating disorders.



OVEREATERS ANONYMOUS

Similar to the 12-step approach used by Alcoholics Anonymous, this resource lists nationwide meetings that can help those struggling with compulsive and binge eating.



HEALTH AT EVERY SIZE (HAES)

Body liberatory community with mental health, physical health, and advocacy resources following the HAES framework of social justice and health equality.

INTUITIVE EATING PROVIDERS

Counselors, dieticians, medical doctors, and related providers specializing in an evidencebased mind-body health approach to eating disorder recovery.